



EMPENTIS

TRAINING SOLUTIONS

Online Safety Checklist

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ONLINE SAFETY: British Values

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what the British Values are?
- 2 Do you understand why we have these values?
- 3 Do you understand what democracy is?
- 4 Do you understand what the rule of law is?
- 5 Do you understand what individual liberty is?
- 6 Do you understand what kind of values you must respect, even if they differ from your own?



ONLINE SAFETY: Communicating Online

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Could you name the dangers that careless internet use can expose you to?
- 2 Do you understand the permanence of social media posts?
- 3 Do you understand how criminals can make articles or websites look benign?
- 4 Do you understand what malware is, and how it can be hidden?
- 5 Do you know what is included in a strong password?
- 6 Do you know what the S in HTTPS stands for?
- 7 Do you understand that deleting something online might not erase it altogether?



ONLINE SAFTEY: Cyberbullying

Having watched the saftey vidoes, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what cyberbullying is?
- 2 Do you know the various platforms that cyberbullying can take place on?
- 3 Could you name the 5 most common forms of cyberbullying?
- 4 Do you understand how bullies online can manipulate their victims?
- 5 The anonymity of the internet makes trolling a common occurrence, but is it a form of cyberbullying?
- 6 Is it legal to commit any of these offences?
- 7 Do you know what steps should be taken if someone is being bullied online?



ONLINE SAFETY: Grooming

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what grooming is?
- 2 Do you know what can happen to a child who is the victim of grooming?
- 3 Do you know the platforms the groomers can use to befriend children?
- 4 Do you know the warning signs when someone is attempting to groom a child?
- 5 Could you recognise the behavioural signs of a child who is being groomed?
- 6 Do you know the organisations that can help a child who is being groomed?



ONLINE SAFETY: Hacking and Viruses

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what hacking is?
- 2 Do you know what a virus is?
- 3 Do you know what kind of damage a virus can cause to a computer?
- 4 Do you understand why it's important to keep your systems updated?
- 5 Is public wi-fi safe to use?
- 6 Do you understand what two-step authentication is?
- 7 Do you know the steps you can take to protect against viruses?



ONLINE SAFETY: Human Trafficking

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what human trafficking is?
- 2 Do you know what lies traffickers use to lure people in?
- 3 Do you understand how traffickers build a rapport with their victim?
- 4 Do you know the legal support offered to victims?
- 5 Do you understand the warning signs of a fake job offer?
- 6 Do you understand steps you can take to ensure any job offer is legitimate?



ONLINE SAFTEY: Safeguarding

Having watched the safety vidoes, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand what safeguarding is?
- 2 Do you understand the Health and Social Care Act 2008?
- 3 Do you understand what bullying and harassment are?
- 4 Do you know the protected characteristics?
- 5 Could you name 3 examples of harassment in the workplace?
- 6 Do you know who to speak to if you experience workplace bullying?
- 7 Can bullying or harassment lead to legal action?



ONLINE SAFETY: Financial and Web Security

Having watched the safety videos, please answer the below questions to confirm your understanding of the content.

Y N

- 1 Do you understand the risk of shopping or transferring money online without a secure connection?
- 2 Do you understand how to check if a site is secure?
- 3 Do you know what to do if a bank transaction is made but wasn't carried out by you?
- 4 Do you understand what a phishing email is, and how to spot them?
- 5 As you shouldn't write down passwords, could you name a way around this?
- 6 Do you understand why public computers and wi-fi should be avoided?
workplace bullying?





Name

Date



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